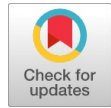


Augmenting Professional Development: Essential in Achievement of Desired Goals and Objectives

Radhika Kapur



Abstract Throughout the lives of individuals, irrespective of their communities, categories and socio-economic backgrounds are required to understand the meaning and significance of professional development. Implementing this concept in their lives is regarded as vital in promoting enhancement of one's overall standards of living. It is apparently understood that they have different types of goals and objectives to achieve. In order to achieve all types of goals and objectives within personal and professional lives, one needs to put into practice different types of tasks and activities in an efficient manner. Hence, promoting professional development will be facilitating in honing analytical and critical-thinking skills. These skills are facilitating in carrying out all types of tasks and activities in an appropriate manner. Furthermore, individuals will augment information in terms of different types of pioneering methods and materials. In addition, one will be able to differentiate between different types of appropriate and inappropriate aspects. One of the major advantages is, one will be able to reinforce contacts with other individuals in personal and professional lives. Hence, individuals are able to form an effective social circle and bring about improvements in their overall standards of living through promoting professional development. Throughout the lives of individuals, they need to augment information in terms of ways that would be facilitating in augmenting professional development. Therefore, it is well-understood, augmenting professional development is essential in achievement of desired goals and objectives. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of professional development, measures to be implemented in augmenting professional development and advantages of augmenting professional development.

Keywords: Communities, Effectiveness, Individuals, Goals, Job Duties, Information, Professional Development

I. INTRODUCTION

The individuals, belonging to all communities, categories and socio-economic backgrounds have different types of goals and objectives to achieve in personal and professional lives. It is apparently understood that they are required to be well-prepared in order to achieve various goals and objectives. Hence, they are required to put emphasis on professional development. It is referred to being skilled, proficient and expert in various tasks and activities (Professionalism, 2020) [1].

Within and outside the homes, they are required to carry out different types of tasks and activities. Hence, one needs to ensure, these are carried out in a well-organized and disciplined manner. Furthermore, one needs to put emphasis on reinforcement of traits of diligence, resourcefulness, morality and ethics. These are regarded as the key in doing well in one's tasks and activities and generating desired outcomes. Hence, it is well-understood, augmenting professional development will be facilitating in leading to enhancement of overall standards of living of the individuals. Therefore, throughout the lives of the individuals, they need to acknowledge the importance of professional development.

The individuals have one of the common goals of promoting enhancement of one's overall living conditions. When they are wholeheartedly committed towards achievement of this goal, they are required to hone professionalism. The honing of professional skills will be facilitating to the individuals in being well-informed in terms of different types of job duties and responsibilities (Professional Development, 2017) [2]. These are put into operation within personal and professional lives. Hence, individuals need to be well-equipped in terms of the techniques that are necessary in carrying out various types of tasks and activities satisfactorily. These are to be put into operation in a well-ordered and disciplined manner. The augmenting of professionalism will be facilitating in coping with different types of dilemmas in an adequate manner. Furthermore, individuals will render an important contribution in meeting the expectations of family members and individuals in leadership positions within all types of professional settings. Therefore, individuals, belonging to all occupations and professions are required to be well-informed in terms of their job duties and responsibilities in order to recognize the importance of professional development.

A. Understanding the Meaning and Significance of Professional Development

Within and outside the homes, there are number of job duties and responsibilities, which are put into operation on an individual basis, whereas, there are others, which are carried out through working in co-ordination with other individuals. Hence, individuals are required to hone communication skills and interactive abilities. These are the key in augmenting information in terms of different tasks and functions; exchanging different types of ideas and viewpoints; obtaining answers to different types of questions and clarifying their doubts.

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Furthermore, it is necessary for individuals to be well-informed in terms of communication ethics, i.e. making use of polite language and decent words; treating others with respect and courtesy; depicting the traits of helpfulness and co-operation; possessing an approachable nature and an amiable attitude and making provision of factual information. As a consequence of putting into practice effective communication processes, individuals will contribute efficiently in forming cordial and amiable terms and relationships with others. Furthermore, one will reinforce professionalism. Therefore, individuals are able to acquire an efficient understanding of meaning and significance of professional development, when communication processes are implemented in an effective manner.

Within personal and professional lives, there are number of tasks and activities, which are put into operation. Some of these are more time-consuming, whereas, others are less time-consuming. Some of these can be implemented on an individual basis, whereas, some can be carried out in a team of two or more individuals. The individuals need to be well-informed in terms of importance and usefulness of time-management skills. These are facilitating in taking out sufficient amount of time for all job duties and responsibilities. As a consequence, individuals are able to create a balance between personal and professional lives. In augmenting time-management skills, the individuals assign priorities to the job duties. The jobs, which are more important are implemented first, whereas, the ones, which are less important are paid attention to after the completion of more important ones. Procrastination is avoided. As a consequence, one will be able to put into operation the tasks and activities in a more professional manner. Therefore, one acquires an understanding of meaning and significance of professional development, when they put into operation time-management skills.

In some cases, there are occurrences of conflicting situations with family members, colleagues, classmates and so forth. These are experienced in a major or minor form. In some cases, the causes of occurrences of these situations are trivial. In cases of conflicting situations, the individuals or groups involved are required to listen to each other's problems and concerns. Furthermore, communication needs to take place in a polite and decent manner. One needs to ensure, the tone of voice is normal. In addition, one needs to cope with psychological problems of anger, stress, anxiety, frustration and depression in an effective manner. These problems need to be prevented from assuming a major form. Hence, putting into operation communication processes in an effective manner and treating others with respect and courtesy will be facilitating in implementing peaceful conflict resolution methods. Within the course of occurrences of severe conflicting situations, when politeness and decency are reinforced, individuals will augment professional development. Therefore, an understanding of meaning and significance of professional development is acquired, when conflict resolution methods are put into operation in a peaceful manner.

B. Measures to be Implemented in Augmenting Professional Development

An aimless life is considered as a meaningless life. Hence, all individuals have different types of goals and objectives to achieve. Professional development is regarded to be of utmost significance in achievement of desired goals and objectives. Furthermore, individuals will emerge into moral and ethical human beings and productive citizens of the country. In addition, the individuals will render an important contribution in doing well in their job duties, achieving desired goals and objectives, meeting the expectations of others and incurring the feelings of pleasure and contentment (Taking Responsibility for the Future, n.d) [5]. The individuals, belonging to all fields and occupations need to ensure, through augmenting professional development, they need to promote well-being of family and community members. Throughout the lives of the individuals, they are required to augment information in terms of measures to be implemented in augmenting professional development. One of the important aspects that needs to be taken into account is, measures need to be put into operation in a positive manner. These are stated as follows:

C. Implementing Effective Communication Processes

Throughout the lives of the individuals, they are required to hone communication skills and interactive abilities. These are the key in augmenting information in terms of different types of subjects and concepts; exchanging different types of ideas and viewpoints; obtaining answers to different types of questions and clarifying their doubts in terms of various factors. Furthermore, it is necessary for individuals to be well-informed in terms of communication ethics, i.e. making use of polite language and decent words; treating others with respect and courtesy; depicting the traits of helpfulness and co-operation; possessing an approachable nature and an amiable attitude and making provision of factual information.

As a consequence of putting into practice effective communication processes, individuals will contribute efficiently in forming cordial and amiable terms and relationships with others. One of the major benefits is, one will obtain support and assistance from others in overcoming setbacks. In addition, different types of job duties will be put into operation in a successful manner. Furthermore, one will be professional in their conduct. Therefore, implementing effective communication processes is regarded as one of the indispensable measures to be implemented in augmenting professional development.

D. Being Well-Informed in Terms of Job Duties and Responsibilities

The individuals, belonging to all occupations and fields are required to be well-informed in terms of different types of job duties and responsibilities. These are put into operation within personal and professional lives. These are manageable or complicated and these are implemented in less amount of time or can be more time-consuming.



Furthermore, these are implemented on an individual basis or through obtaining help from other individuals. Hence, individuals need to be well-equipped in terms of the strategies that are necessary in carrying out various types of job duties and responsibilities in a satisfactory manner.

These are to be put into operation in a well-ordered and disciplined manner. The augmenting of professionalism will be facilitating in coping with different types of dilemmas in an adequate manner. Furthermore, individuals will render an important contribution in meeting the expectations of family members and individuals in leadership positions within all types of professional settings. As a consequence, desired outcomes will be generated and one will incur the feelings of pleasure and contentment. Therefore, being well-informed in terms of job duties and responsibilities is one of the significant measures to be implemented in augmenting professional development.

E. Generating Information regarding Methodologies and Procedures

When the individuals are putting into operation various job duties and responsibilities, they are required to generate information in terms of methodologies and procedures. These are referred to the ways of carrying out various tasks and activities in an efficacious manner. For generating desired outcomes, methodologies and procedures are to be put into operation in a well-ordered and disciplined manner. The individuals need to ensure, they acquire an efficient understanding of the concepts. Furthermore, they need to get engaged in regular practice. This will be facilitating in honing confidence and motivation levels. In addition, one needs to obtain answers to all types of questions that are overwhelming and clarifying their doubts.

The augmenting of professionalism will be facilitating in coping with different types of dilemmas in an adequate manner. Furthermore, individuals will render an important contribution in augmenting competencies and abilities. These are regarded as the key in doing well in one's job duties and responsibilities. Hence, one will render an important contribution in achievement of desired goals and objectives within personal and professional lives. Therefore, generating information regarding methodologies and procedures is an expedient measure to be implemented in augmenting professional development.

F. Utilizing Modern, Scientific and Innovative Methods and Materials

With advancements taking place and with the advent of modernization and globalization, individuals are required to generate information in terms of modern, scientific and innovative methods and materials. As a consequence, individuals will render an important contribution in doing well in one's job duties and responsibilities and achieving desired goals and objectives. The job duties will be put into practice in an efficacious manner. The individuals need to ensure, they acquire an efficient understanding of the concepts. Furthermore, they need to get engaged in regular practice.

This will be facilitating in honing confidence and motivation levels. In addition, one needs to obtain answers to all types of questions and clarifying their doubts. The different types of these methods and materials are,

utilization of charts, graphs, maps, pictures, images, designs, models, structures, tools, devices, machinery, equipment and various types of technologies. Hence, through making use of these, individuals will render an important contribution in meeting the expectations of others, including family and community members. Furthermore, individuals will contribute efficiently in honing professionalism. Therefore, utilizing modern, scientific and innovative methods and materials is an eminent measure to be implemented in augmenting professional development.

II. IMPLEMENTING TIME-MANAGEMENT SKILLS

Within personal and professional lives, there are number of tasks and activities, which are to be put into operation. Some of these are more time-consuming, whereas, others are less time-consuming. Some of these can be implemented on an individual basis, whereas, some can be carried out in a team of two or more individuals. The individuals need to be well-informed in terms of importance and usefulness of time-management skills. These are facilitating in taking out sufficient amount of time for all job duties and responsibilities. As a consequence, individuals are able to create a balance between personal and professional lives.

In augmenting time-management skills, the individuals assign priorities to the job duties. The jobs, which are more important are implemented first, whereas, the ones, which are less important are paid attention to after the completion of more important ones. Procrastination is avoided. As a consequence, one will be able to take out time and complete job duties within the required time-frame. Furthermore, one will put into operation different types of tasks and activities in a more professional manner. Therefore, implementing time-management skills is a productive measure to be implemented in augmenting professional development.

A. Implementing Peaceful Conflict Resolution Methods

In some cases, there are occurrences of conflicting situations with family members, colleagues, classmates and so forth. These are experienced in a major or minor form. In some cases, the causes of occurrences of these situations are serious, whereas in other cases, these are trivial. In cases of conflicting situations, the individuals or groups involved are required to listen to each other's problems and concerns. Furthermore, communication needs to take place in a polite and decent manner. One needs to ensure, the tone of voice is normal. In addition, one needs to cope with psychological problems of anger, stress, anxiety, frustration and depression in an effective manner (Sanson, & Bretherton, n.d.) [3].

The psychological problems need to be prevented from having an influence on overall personality traits and mind-sets of individuals. Hence, putting into operation communication processes in an effective manner and treating others with respect and courtesy will be facilitating in implementing peaceful conflict resolution methods.

Within the course of occurrences of severe conflicting situations, when politeness and decency are reinforced, individuals will lead to up-gradation of professional development. Therefore, implementing peaceful conflict resolution methods is a prolific measure to be implemented in augmenting professional development.

B. Coping with Psychological Problems in an Effective Manner

From the stage of early childhood, throughout the lives of the individuals, they experience psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form within personal and professional lives of the individuals. Hence, in order to be professional in one's conduct, one needs to cope with different types of psychological problems in an effective manner. Furthermore, these need to be prevented from giving rise to impediments within the course of honing personality traits and implementation of various tasks and activities.

The individuals need to be well-informed in terms of ways of coping with these effectively, i.e. leaving the place, where these psychological problems are experienced; getting engaged in other tasks; practicing the techniques of yoga and meditation; possessing the abilities to work under stress; putting in efforts to one's best abilities; forming positive viewpoints regarding all individuals and jobs; reinforcing a constructive approach; honing communication skills and interactive abilities; augmenting analytical, critical-thinking and problem-solving skills and carrying out all types of job duties in a well-ordered manner. Therefore, coping with psychological problems in an effective manner is a renowned measure to be implemented in augmenting professional development.

C. Inculcating the Traits of Morality and Ethics

In leading to up-gradation of professional development, it is necessary to inculcate the traits of morality and ethics. Throughout the lives of the individuals, they are required to be moral and ethical in their conduct. Even when one is well-informed in terms of job duties and methodologies, the augmentation of these traits will be facilitating in carrying out job duties in a well-organized manner. Furthermore, these traits are facilitating in differentiating between various types of appropriate and inappropriate aspects. Furthermore, individuals will form positive viewpoints in terms of their job duties and put in efforts to their best abilities.

In addition, one will reinforce the traits of honesty, efficiency, righteousness and truthfulness. These traits are regarded as the key in doing well in one's tasks and activities and generating desired outcomes. Furthermore, one will contribute efficiently in meeting the expectations of other individuals, including family and community members. One of the major advantages is, one will overcome various types of setbacks in a satisfactory manner. Furthermore, these will be prevented from giving rise to impediments. Therefore, inculcating the traits of morality and ethics is a meaningful measure to be implemented in augmenting professional development.

D. Implementing the Traits of Diligence, Resourcefulness and Conscientiousness

Implementing the traits of diligence, resourcefulness and conscientiousness is regarded as the key in augmenting professional development. In acquiring an understanding of job duties and methodologies and implementing these successfully, these traits are encouraging. These traits are regarded as fundamental in doing well in one's tasks and activities and achieving desired goals. In order to enhance one's career prospects, it is necessary to hone analytical, critical-thinking and problem-solving skills. Hence, these traits are approving in augmenting these skills and implementing these in a disciplined manner. As a consequence, one will be able to implement different types of complicated methods in a well-ordered and regimented manner.

Furthermore, one will contribute efficiently in meeting the expectations of other individuals, including family members, educators, employers, and supervisors. One of the major advantages is, one will cope various types of problems in a satisfactory manner. Furthermore, these will be prevented from giving rise to impediments within the course of achievement of desired goals and objectives. As a consequence, one will contribute efficiently in augmenting professional development. Therefore, implementing the traits of diligence, resourcefulness and conscientiousness is a worthwhile measure to be implemented in augmenting professional development.

III. AUGMENTING SKILLS AND ABILITIES

From the stage of early childhood, throughout the lives of the individuals, they need to augment different types of skills and abilities. These are put into operation within personal and professional lives of the individuals. The different types of skills are, communication skills, decision-making skills, critical-thinking skills, problem-solving skills, analytical skills, time-management skills, personal skills, presentation skills, professional skills, leadership skills, negotiation skills, intellectual skills, artistic skills, creative skills, technical skills, and public-speaking skills. The abilities, which need to be augmented are, planning, organizing, directing, controlling, co-ordinating, leading, negotiating, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with various types of dilemmas and challenging situations in a satisfactory manner and carrying out different types of tasks and activities in a well-organized manner.

The individuals augment various types of skills and abilities on one's own, through communicating with family members or through getting enrolled in educational institutions and training centres. The enhancement of different types of skills and abilities will be facilitating in leading to up-gradation of professional development. Therefore, augmenting skills and abilities is a notable measure to be implemented in augmenting professional development.



A. Forming Cordial Terms and Relationships with others

The individuals, throughout their lives are required to form cordial and amiable terms and relationships with family members, relatives, friends, neighbours, educators, supervisors, employers, classmates and colleagues. For this purpose, one needs to form positive viewpoints in terms of all individuals; reinforce a constructive approach; cope with psychological problems of anger, stress, anxiety, frustration and depression in an adequate manner; make use of polite language and decent words; treat others with respect and courtesy; depict the traits of helpfulness and co-operation; possess an approachable nature and an amiable attitude; make provision of factual information; reinforce the traits of efficiency, honesty and truthfulness and carry out all types of job duties and responsibilities in a satisfactory manner.

As a consequence of putting into practice effective communication processes, individuals will contribute efficiently in forming cordial and amiable terms and relationships with others. One of the major benefits is, one will obtain support and assistance from others in coping with problems. In addition, different types of job duties will be put into operation in a successful manner. Furthermore, one will hone professionalism. Therefore, forming cordial terms and relationships with others is a noteworthy measure to be implemented in augmenting professional development.

B. Creating Amiable and Pleasant Environmental Conditions

Through creating amiable and pleasant environmental conditions within and outside the homes, individuals will lead to up-gradation of professional development. In creating amiable and pleasant environmental conditions, there are various factors, which need to be taken into account, i.e. implementing effective communication processes; being well-informed in terms of job duties and responsibilities; generating information regarding methodologies and procedures; creating a balance between personal and professional lives; coping with psychological problems of anger, stress, anxiety, frustration and depression in an effective manner; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; augmenting skills and abilities; forming positive viewpoints regarding various factors and individuals and forming cordial terms and relationships with family and community members.

As a consequence of acknowledging and implementing all these factors, one will not only develop mutual understanding with others, but they will contribute efficiently in creating amiable and pleasant environmental conditions within homes, educational institutions of all levels, employment settings and different types of public places. Furthermore, one will be professional in his or her conduct. Therefore, creating amiable and pleasant environmental conditions is a useful measure to be implemented in augmenting professional development.

C. Advantages of Augmenting Professional Development

From the stage of early childhood, throughout the lives of the individuals, they are required to augment the meaning

and significance of professional development. The individuals need to understand that in communicating with others and in implementing various tasks and activities, one needs to be professional in their conduct. As a consequence, one will not only be successful in their tasks, but will develop mutual understanding with other individuals as well. When individuals are putting into operation different types of tasks and activities on an individual basis or when they are working in co-ordination with their classmates and colleagues, they need to be professional in their conduct.

Professionalism is regarded as fundamental in promoting enrichment of overall personality traits and standards of living of the individuals. The individuals put into operation all the factors that are necessary in augmenting professional development, when they are well-informed in terms of advantages. These are, forming an effective social circle; enhancing one's career prospects; promoting a normal mind-set; overcoming setbacks; reinforcing traits of honesty, efficiency and truthfulness and leading to up-gradation of overall living conditions. These are stated as follows:

D. Forming an Effective Social Circle

Throughout the lives of the individuals, they need to form an effective social circle, comprising of family members, relatives, friends, neighbours, educators, supervisors, employers, classmates and colleagues. As a consequence of augmenting professional development, one will render an important contribution in forming an effective social circle (Schreiber, n.d) [4]. Furthermore, they will form positive viewpoints in terms of various factors and implement effective communication processes. In addition, they will have to cope with psychological problems of anger, stress, anxiety, frustration and depression in an effective manner; inculcate the traits of morality and ethics and implement the traits of diligence, resourcefulness and conscientiousness. As a consequence, one will contribute efficiently in doing well in one's job duties and achieving desired goals. Furthermore, one will meet expectations of others. Therefore, forming an effective social circle is regarded as one of the indispensable advantages of augmenting professional development.

E. Enhancing one's Career Prospects

Promoting enhancement of career prospects is regarded as one of the major goals of individuals, belonging to all communities, categories and socio-economic backgrounds. In order to achieve this goal, it is necessary for individuals to augment professional development. The individuals get enrolled in educational institutions of all levels to acquire education. Furthermore, they get engaged in employment opportunities in order to promote enhancement of one's career prospects. These are considered to be professional settings, which are vital in leading to up-gradation of different types of competencies and abilities among individuals. Hence, it is well-understood that augmenting professional development will be facilitating in leading to up-gradation of one's career prospects.



In addition one will implement various types of job duties and responsibilities in a well-organized manner. Therefore, enhancing one's career prospects is one of the significant advantages of augmenting professional development.

F. Promoting a Normal Mind-set

Throughout the lives of the individuals, they undergo various situations, which enable them to experience psychological problems of anger, stress, anxiety, frustration and depression. Hence, augmenting professionalism contributes significantly in generating information regarding different factors that are vital in promoting a normal mind-set. The different types of psychological problems are experienced in a major or minor form within personal and professional lives of the individuals. Hence, in order to be professional in one's conduct, one needs to cope with different types of psychological problems in an effective manner. Furthermore, these need to be prevented from having an influence on overall personality traits of individuals. As a consequence, one will be able to promote a normal mind-set. Furthermore, different types of psychological problems will be prevented from giving rise to impediments within the course of honing professionalism. Therefore, promoting a normal mind-set is an expedient advantage of augmenting professional development.

G. Overcoming Setbacks

Within personal and professional lives of the individuals, they experience setbacks in terms of various factors, i.e. job duties, responsibilities, methodologies, techniques, approaches, work pressure, lack of implementation of time-management skills, unawareness in terms of various factors, scarcity of financial, technical, material and information resources, lack of infrastructure, amenities and facilities and so forth. The occurrence of one or more dilemmas and challenging situations give rise to impediments within the course of implementation of tasks and activities. Hence, honing of professional development is essential in overcoming all types of setbacks. Furthermore, these are prevented from giving rise to impediments within the course of putting into operation job duties successfully. Through augmenting professional development, one will be able to prepare themselves satisfactorily in overcoming all types of setbacks. Furthermore, one will be able to obtain support and assistance from others, particularly when they experience problems in overcoming different types of setbacks. Therefore, overcoming setbacks is an eminent advantage of augmenting professional development.

IV. REINFORCING TRAITS OF HONESTY, EFFICIENCY AND TRUTHFULNESS

Within personal and professional lives of the individuals, they are required to reinforce traits of honesty, efficiency and truthfulness. When one is putting into practice the techniques, which are essential in honing professionalism, they will reinforce these traits. Throughout the lives of the individuals, they are required to be honest, efficient and truthful in their conduct. Even when one is well-informed in terms of all types of job duties and methodologies, the augmentation of these traits will be facilitating in carrying out job duties in a well-organized manner. Furthermore,

these traits are facilitating in differentiating between various types of appropriate and inappropriate aspects. Furthermore, individuals will form positive viewpoints in terms of their job duties and put in efforts to their best abilities. As a consequence, desired outcomes will be generated. Therefore, reinforcing traits of honesty, efficiency and truthfulness is a renowned advantage of augmenting professional development.

A. Leading to Up-gradation of overall Living Conditions

Leading to up-gradation of overall living conditions is regarded as one of the essential goals of individuals, belonging to all communities, categories and socio-economic backgrounds. The up-gradation of professional development will be facilitating to the individuals in generating information in terms of all the factors, which are vital in achievement of this goal. The individuals in this manner augment information in terms of various factors, i.e. job duties, methodologies and techniques. In addition, they cope with psychological problems in an effective manner; inculcate the traits of morality and ethics; implement the traits of diligence, resourcefulness and conscientiousness; augment skills and abilities; cope with different types of dilemmas and challenging situations in an effective manner and form cordial terms and relationships with others within and outside the homes. As a consequence, one will contribute efficiently in bringing about improvements in their overall quality of lives. Therefore, leading to up-gradation of overall living conditions is a meaningful advantage of augmenting professional development.

V. CONCLUSION

Professional development is being competent, proficient and expert in various job duties. Measures to be implemented in augmenting professional development are, implementing effective communication processes, being well-informed in terms of job duties and responsibilities, generating information regarding methodologies and procedures, utilizing modern, scientific and innovative methods and materials, implementing time-management skills, implementing peaceful conflict resolution methods, coping with psychological problems in an effective manner, inculcating the traits of morality and ethics, implementing the traits of diligence, resourcefulness and conscientiousness, augmenting skills and abilities, forming cordial terms and relationships with others and creating amiable and pleasant environmental conditions. Advantages of augmenting professional development are, forming an effective social circle; enhancing one's career prospects; promoting a normal mind-set; overcoming setbacks; reinforcing traits of honesty, efficiency and truthfulness and leading to up-gradation of overall living conditions. Finally, it can be stated, augmenting professional development is essential in leading to progression.



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